

## New Zealand Centre for Sustainable Cities



UNIVERSITY  
of  
OTAGO



Te Whare Wānanga o Ōtago

# *Seminar Series*

## ***Urbanisation and Health:***

Where people live affects their health and chances of leading flourishing lives. Urban settlements are now the dominant mode of living. Addressing the urban environment, therefore, poses a major opportunity through which to have major positive impact on national and global health equity. A social determinants approach suggests that improving living conditions in such arenas as housing, transport, employment, education, quality of built environment, social support, and health services is central to improving the health of urban populations.

Communities, neighbourhoods and cities that ensure access to basic goods, that are socially cohesive, that are designed to promote good physical and psychological well-being and that are protective of the natural environment are essential for health equity.

**Tuesday, 18 August 2009, 12.00-1.15pm**

**12:00-12:45**      **Dr. Sharon Friel**, Director of the Global Health Equity Group in the International Institute for Society and Health, University College London and a Fellow at the National Centre for Epidemiology and Population Health (NCEPH), Australian National University, Canberra.

**12:45-1:00**      **Dr. Sue Bidrose** - Director: Community Wellbeing at Waitakere City Council.

**1:00-1:15**      Questions and discussion

Small Lecture Theatre, University of Otago, Wellington, 23A Mein St, Newtown, Wellington

**For more information: [www.sustainablecities.org.nz](http://www.sustainablecities.org.nz)**